

# THE TRANSCULTURAL CENTRE

## FOR KNOWLEDGE

in the fields of transcultural psychiatry, health and dental care for  
asylum seekers/refugees and health communication for newly arrived  
refugees and immigrants



**Transcultural Centre**  
STOCKHOLM COUNTY COUNCIL

## STOCKHOLM COUNTY COUNCIL

Stockholm County Council is responsible for the health care of more than 2 million county residents on a variety of levels. Around 40,000 people work for the County Council in the health care sector. Most activities are financed by tax revenue. The County Council is the regional government agency, its members are elected for a four year period.

## TRANSCULTURAL HEALTH CARE SERVICES

Health care services in the county of Stockholm face demands from a multicultural population. Transcultural aspects are important in order to enable all patients, regardless of cultural background, to be treated with respect for their autonomy, integrity and dignity.

The Transcultural Centre has a commitment to provide support to health and dental care personnel in issues of culture, migration and refugee status. The Transcultural Centre also provides health communication for newly arrived refugees and immigrants.

## THE TRANSCULTURAL CENTRE OFFERS

- Supervision and consultation within the fields of psychiatric, health and dental care for asylum seekers and refugees
- Information
- Training
- Networking
- Development of methods in clinical work
- Health Communication in mother tongue in local municipalities

## SUPERVISION AND CONSULTATION

The Transcultural Centre provides advice, consultations and supervision regarding:

- health and culture
- reception and understanding
- assessment and treatment

These services are free of charge via telephone, visits to the Centre or at the place of work in question (clinic, ward etc).

## INFORMATION

The Transcultural Centre provides current information about transcultural psychiatry and health and dental care for asylum seekers and refugees through the Centre's website [www.transkulturelltcentrum.se](http://www.transkulturelltcentrum.se) and a newsletter, five editions/year.

## TRAINING

The Transcultural Centre offers training to health and dental care staff through:

- **Set training programmes** organised on a term basis. The programmes comprise seminars on transcultural psychiatry, intercultural communication, interviewing techniques, reception on migration issues as well as the rules and regulations governing health care for asylum seekers and refugees.
- **An advanced course in Transcultural Psychiatry** organised annually. The course highlights the importance of migration and cultural factors in mental health, diagnostics and treatment as well as current research and clinical methods development.
- **Commissioned courses and individual lectures** planned and designed according to local needs.
- **On-line training courses/distance course**

## NETWORKING

Networking stimulates exchange and sharing of experiences and knowledge. Building networks through professional encounters is a way by which Transcultural Centre increases the awareness of issues concerning care, culture and migration.

## HEALTH COMMUNICATION FOR REFUGEES AND IMMIGRANTS

- The Centre's group of bilingual health advisers inform newly arrived immigrants and refugees about the Swedish health care system.
- Health advisers promote healthy living habits through mother tongue based dialogue in a series of group meetings with immigrants.
- Consultations to staff in health care and communities about the contextual situation of refugees and immigrants.
- These services are offered in tuition centres, at clinical and municipal sites, etc

## TRANSCULTURAL CENTRE - CONTACT

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The Centre's Newsletter in Swedish can be downloaded and subscribed to on the website

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