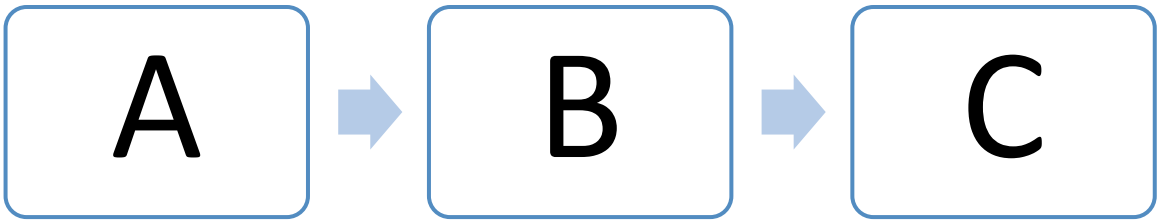
Analys hälsosamma/depressiva beteenden



Aktiverare (eng: antecedent)	**Beteende**	**Konsekvenser** (eng: consequenses)